



About Bulgaria

Bulgaria is one of the oldest European States with 14-century-old history. It was first founded in 681 AD. Modern Bulgaria is situated in Southeastern Europe, in the heart of the Balkan Peninsula over the land of the Thracians, a busy crossroad of ancient cultures. Bulgaria has been a member of the European Union since January 2007.

For centuries, the roads passing through the territory of the country have been connecting Europe with Asia and Africa. The geographical location of Bulgaria is reflected in the rich and ancient history of Bulgarian culture, architecture, cuisine, customs and traditions.

Bulgaria is also known for its picturesque nature, a unique combination of mountains and beaches, broad cultural heritage and excellent wine. According to statistics, the country ranks third in Europe after Greece and Italy for the number of its valuable archaeological monuments.



Venue

The Congress will be held in Ramada Sofia Hotel. This fantastic 4-star hotel is situated in the heart of Sofia, only 12 km from Sofia's International Airport and within a walking distance from most of the main tourist attractions. The metro station is 100 m away from the hotel. Ramada Sofia Hotel is part of the American Wyndham Hotels' chain. In 2009 the hotel won a prize for being the best convention hotel in the area, making it a great choice for business as well as leisure. Ramada Hotel features elegantly furnished light and spacious rooms welcoming guests with comfort and all of the in-room amenities you would expect. Facilities include air-conditioning, minibar, satellite TV, complimentary Wi-Fi internet access, laptop safe.

The hotel's fitness centre and indoor swimming pool are free of charge. The Hotel's Spa Centre offers a range of relaxing and rejuvenating treatments, which visitors can follow with a delicious meal at the in-house cozy restaurants.

Welcome to Sofia

Situated among vast parkland, Sofia, the capital and largest city of Bulgaria, lies at the foot of the Vitosha mountain – a popular ski destination. With a history that stretches over seven millennia, ruin-rich Sofia is one of Europe's oldest cities. The National Historical Museum is one of Eastern Europe's most extensive and the Boyana church nearby, is a UNESCO monument.

Traversed by a modern metro, the city of Sofia is an intriguing mix of wide and graceful Parisian-style boulevards and Communist-era architecture. Enjoy a stroll down Sofia's chic pedestrianized Vitosha Street full of charming boutiques, tempting cafes and cozy bistros. Don't miss the stunning gold-domed Alexander Nevski cathedral and the unique collection of early Roman mosaics in the crypt of St. Sofia church.



BULGARIAN SOCIETY OF TRADITIONAL
CHINESE MEDICINE



**10-12
June 2016
Sofia • Bulgaria**

ACUPUNCTURE AND WELL-BEING

ICMART XVIII
World Congress on
Medical Acupuncture

Welcome to Bulgaria



Welcome address



Dear colleagues,

On behalf of the Bulgarian Acupuncture Society I would like to invite you to the **XVIII ICMART**

World Acupuncture Congress to be held in Sofia 2016.

It was in May 1983 when the World Congress last took place in Sofia with more than 1200 participants from all over the world. Twelve years later, in 1995, an ICMART Symposium was organized in the Bulgarian capital. Our Acupuncture School has a history of more than 50 years and has achieved popularity worldwide.

Bringing the East and the West together, Sofia plays an important role in the transfer and exchange of culture, scientific and medical knowledge. Medical acupuncture is now playing a significant role in the development of integrative medicine.

Our goal in 2016 will be to bring forth and discuss the most recent developments in acupuncture, revealing its significance to the world through scientific discourse.

The word "sophia" means wisdom and I am convinced there is no better place to meet traditional and modern medicine. The Congress will be a place for like-minded people and friends to exchange experience and ideas giving us a chance to reinforce commitment to our common international goals of Medical Acupuncture.

Sincerely yours,

Dr. Emil Iliev

Chairman of ICMART Congress



Dear Colleagues,

We are delighted to invite you to attend the ICMART 2016 World Congress in Sofia. An exceptional scientific event, focused on medical acupuncture and well-being, in which we will share the practice, research and education across the World. As well-being is a state characterized by health, happiness, and prosperity, this congress sounds extremely enlightening. Sofia in June is a city full of flowers and sunlight, a great place to meet.

Looking forward to welcoming you.

Konstantina Theodoratou

ICMART President

Main topics

ACUPUNCTURE AND THE IMMUNE SYSTEM
TCM IN AESTHETIC MEDICINE
ACUPUNCTURE FOR PSYCHOSOMATIC DISEASES
ACUPUNCTURE AND CHRONIC PAIN MANAGEMENT
ACUPUNCTURE MICROSYSTEMS
ACUPUNCTURE IN CLINICAL PRACTICE
ACUPUNCTURE AND WELL-BEING

Abstracts requirements

Abstract texts must be a maximum of 500 words. Recommended fonts are Tahoma or Arial 10 pt. Structure: Title (in capital case) Authors' full names (family name second) and affiliations (including their organization, city and country). Headings: Purpose, Relevance, Participants, Methods, Analysis, Results, Conclusions.



Welcome to Sofia

Registration fees

Early bird /before 28 February 2016/	350 euro
Late registration /before 1 June 2016/	400 euro
After 1 June 2016 /and on-site/	480 euro

Registration Fee includes :

Admission to all scientific sessions, Congress program
Admission to the exhibition, Opening Ceremony
Welcome cocktail, Lunch and Coffee break

Congress Organizing Company:

Company for International Meetings Ltd.
18, Christo Belchev St., Sofia 1000, Bulgaria

Contact person: Mrs. Denitza Yonkova

Tel.: (+359 2) 988 80 35

Fax: (+359 2) 980 60 74,

E-mail: denitza@cim.bg

www.cim.bg

Welcome to Bulgaria